

# NATIVE PLANTS FOR BIRDS

## MOUNTAIN

### Larval Hosts: plant these – and feed baby birds!

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Oaks	<i>Quercus velutina</i> , <i>Q. rubra</i> , <i>Q. coccinea</i> , <i>Q. falcata</i>	t	d	w, m, d	Spring; Fall
Birches	<i>Betula nigra</i> , <i>B. lenta</i>	t	d	w, m	Mar-Apr; May-Jun
Ironwood, American hornbeam	<i>Carpinus caroliniana</i>	t	d	w, m	Mar-Apr; Sep-Oct
Washington hawthorn	<i>Crataegus phaenopyrum</i>	t	d	w, m, d	Jun; Sep-Nov
American beech	<i>Fagus grandifolia</i>	t	d	m	Mar-May; Sep-Oct
Elderberry	<i>Sambucus canadensis</i>	sh	d	w, m, d	Apr-Jul; Jul-Aug
Hickories	<i>Carya ovata</i> , <i>C. tomentosa</i> , <i>C. glabra</i>	t	d	w, m, d	Apr-May; Oct
Black gum	<i>Nyssa sylvatica</i>	t	d	w, m, d	Apr-Jun; Aug-Oct
Turtlehead	<i>Chelone</i> spp.	f		w	Jul-Oct
Viburnums	<i>Viburnum nudum</i> , <i>V. dentatum</i> , <i>V. acerifolium</i>	sh	d	w, m	Apr-May; Aug-Oct

- **Growth form:** t = tree, sh = shrub, f = flower, g = grass, v = vine
- **Leaf type** (given for woody plants only): d = deciduous, e = evergreen
- **Soil type:** w = wet, m = moderate, d = dry
- **Flower & fruit dates:** flowering period (first date range) and fruiting period (second date range). Only one date range is provided for species that flower and fruit simultaneously.

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### Berry Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Native blueberries	<i>Vaccinium arboreum</i> , <i>V. stamineum</i>	sh	d	w, m, d	Apr-Jun; Sep-Oct
Serviceberry	<i>Amelanchier laevis</i> , <i>A. arborea</i> , <i>A. canadensis</i>	sh	d	m	Mar-Apr; May-Jun
Fringetree	<i>Chionanthus virginicus</i>	sh	d	w, m	Apr-May; Jun-Sep
Flowering dogwood	<i>Cornus florida</i>	t	d	m, d	Mar-May; Sep-Oct
Persimmon	<i>Diospyros virginiana</i>	t	d	d	Apr-Jun; Sep-Nov
Spicebush	<i>Lindera benzoin</i>	sh	d	w, m	Mar-Apr; Aug-Sep
Sassafras	<i>Sassafras albidum</i>	t	d	w, m	Mar-May, Jul-Sep
Arrowwood viburnum	<i>Viburnum dentatum</i>	sh	d	w, m	Apr-May; Aug-Oct
Cherry	<i>Prunus serotina</i> , <i>P. pennsylvanica</i>	t	d	m, d	Apr-May; Jul-Aug
Elderberry	<i>Sambucus canadensis</i>	sh	d	w, m, d	Apr-Jul; Jul-Aug
Virginia creeper	<i>Parthenocissus</i> <i>quinquefolia</i>	v	d	w, m, d	May-Jul; Jul-Aug

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### Seed/Nut Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Little bluestem	<i>Andropogon</i> ( <i>Schizachyrium</i> ) <i>scoparius</i>	g		m, d	Aug-Oct
Hazelnut	<i>Corylus americana</i>	t	d	w, m, d	Mar-May; Jul-Sep
White pine	<i>Pinus strobus</i>	t	e	w, m, d	May-Jun; Aug-Sep
Purple coneflower	<i>Echinacea purpurea</i>	h		m, d	Jun-Aug
Oaks	<i>Quercus</i> spp.	t	d	w, m, d	Apr; Sep-Nov
Joe-Pye weed	<i>Eutrochium fistulosum</i>	h		w, m	Jul-Oct
Black-eyed Susan	<i>Rudbeckia</i> spp.	h		m, d	Jun-Oct
American beech	<i>Fagus grandifolia</i>	t	d	m	Mar-May; Sep-Oct
Sweet birch	<i>Betula lenta</i>	t	d	w, m, d	Apr-May; Aug-Sep

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### Nectar Producers

Common name	Scientific name	Growth form	Leaf type	Soil type	Flower & fruit dates
Cardinal flower	<i>Lobelia cardinalis</i>	h		w, m	Jul-Sep
Coral honeysuckle	<i>Lonicera sempervirens</i>	v		m	Mar-Jul; Jul-Sep
Canadian columbine	<i>Aquilegia canadensis</i>	f		m	Apr-May
Great blue lobelia	<i>Lobelia siphilitica</i>	f		w, m	Jul-Sep
Wild geranium	<i>Geranium maculatum</i>	f		m,d	Apr-May
Buckeye	<i>Aesculus pavia</i> , <i>A. flava</i>	sh	d	w, m	Apr-May; Jul-Aug
Flame azalea	<i>Rhododendron calendulaceum</i>	sh	d	w, m, d	Apr-Jun; Jul-Sep
Fire pink	<i>Silene virginica</i>	f		m,d	Apr-Jun
Trumpet creeper	<i>Campsis radicans</i>	v		m,d	Jul-Aug
Garden phlox	<i>Phlox paniculata</i>	f		m	Jul-Sep
Buttonbush	<i>Cephalanthus occidentalis</i>	sh	d	w, m	Jun-Aug
Bee balm	<i>Monarda didyma</i>	h		m	Jul-Aug

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### Invasives: Do not plant!

Common name	Scientific name	Native alternatives
English ivy	<i>Hedera helix</i>	Wild ginger, Green-and-gold, New York fern
Privets	<i>Ligustrum</i> spp.	Mountain laurel
Japanese honeysuckle	<i>Lonicera japonica</i>	Trumpet honeysuckle, trumpet creeper
Mimosa, silktree	<i>Albizia julibrissin</i>	Serviceberry, Eastern redbud, flowering dogwood
Periwinkle, Vinca	<i>Vinca</i> spp.	Wild ginger, northern maidenhair fern, partridgeberry
Chinese silvergrass	<i>Miscanthus sinensis</i>	Bluestem
Sacred bamboo	<i>Nandina domestica</i>	Viburnum
Tree-of-Heaven	<i>Ailanthus altissima</i>	Yellowwood, serviceberry
Multiflora rose	<i>Rosa multiflora</i>	Witch alder, Virginia sweetspire
Bushclover	<i>Lespedeza bicolor</i>	Wild indigo
Princess tree	<i>Paulownia tomentosa</i>	Eastern redbud, American yellowwood
Japanese barberry	<i>Berberis thunbergii</i>	Spicebush, mountain pepper bush, Virginia sweetspire
Butterfly bush	<i>Buddleia davidii</i>	Oak-leaf hydrangea
Oriental bittersweet	<i>Celastrus orbiculatus</i>	Trumpet creeper, crossvine, passion vine
Purple crownvetch	<i>Coronilla varia</i>	Partridgeberry, galax
Burning bush	<i>Euonymus dalatus</i>	Witch alder, oak-leaf hydrangea
Kudzu	<i>Pueraria lobata</i>	Virginia creeper
Japanese knotweed	<i>Fallopia japonica</i>	Goat's beard